



Subject: RUNNING: over 4,200 runners at the X-BIONIC LAKE GARDA 42 – Limone sul Garda, Riva del Garda, Arco di Trento, Malcesine 14.04.2024



INCREDIBLE NUMBERS AT THE X-BIONIC LAKE GARDA 42: 4,200 RUNNERS REPRESENTING 72 COUNTRIES

Record-breaking registration numbers for the third edition of the X-BIONIC LAKE GARDA 42: on Sunday 14 April, more than 4,200 athletes from all corners of the world will line up for this event that skirts around the northern shores of Lake Garda, competing over the 26.2-mile (42.195 km) LG42 marathon as well as the LG21 half marathon.

Hashtag: #LG42



The time has come. The third edition of the **X-BIONIC LAKE GARDA 42** marathon and half marathon will take place on **Sunday 14 April** against the backdrop of the northern shores of Lake Garda, with thousands of runners expected to challenge themselves along a route that's entirely closed to traffic and which, for the most part, runs alongside the water's edge to offer a stunning lake view as it passes through each of the three regions that enclose its shores: Lombardy, Trentino and Veneto. The **LG42** marathon sets off from Limone sul Garda (Lombardy) and passes through Riva del Garda and Arco di Trento (Trentino) before arriving in Malcesine (Veneto), while the **LG21** half marathon starts from Arco and finishes at the same finish line in Malcesine.

The total number of registrations for the two races has reached a record of **4,200 athletes** - far exceeding the 2,700 who took part in last year's edition - with over 1,600 competitors competing over the full marathon distance of 26.2 miles (42.195 km). Another interesting aspect is the number of female registration: in keeping with previous editions, 41% of the total number of registrations and, in particular, more than half of the registrations for the half marathon, are from women. A great success that happened perfectly naturally!



The X-BIONIC LAKE GARDA 42 is also very popular with runners from abroad. As many as **72 different nationalities** from all the world's five continents will be lining up at the start. Indeed, 75% of the registered runners are from outside Italy, with significant representations from Germany (22.6%) and Austria (6.3%), nations whose citizens have been flocking to these shores since time immemorial, but also from Great Britain (8.6%), France (5.1%) and the United States (2%).



As an event that's looking to become a true festival of running on Lake Garda, it's not just about the LG21 and LG42 on Sunday 14 April, but extends over the entire weekend, starting on Friday with the opening of the Expo area located in Riva del Garda. Saturday is the day for a series of "warm up" runs before the official races on Sunday: there's the 8 km **FILA Morning Run** in the morning, which takes place in Limone sul Garda, while in the afternoon it's the turn of the 5 km **X-BIONIC Shake Out Run** in Riva del Garda (both events are non-competitive). There will also be plenty of activities for children, especially **LG KIDS**, a run of just over one kilometre at the Rocca di Riva del Garda for young runners from 5 to 12 years of age.

Per aggiornamenti e news: @lakegarda42 su Instagram e @lakegarda42 su Facebook.

Maggiori informazioni sulla X-BIONIC LAKE GARDA 42 sul sito www.lakegarda42.com

About COMUNICO Italia

X-BIONIC LAKE GARDA 42 is an event organised by the COMUNICO Italia SSD a RL sports association from Trento, which is part of the COMUNICO GmbH group, a specialised events organisation based in Bad Tölz, Germany. Since 1996, an international team has been supporting its founder, Christian Deissenberger, by devising, planning and implementing events throughout Germany, Austria and Italy. Thanks to many years of experience in the industry, COMUNICO GmbH is one of the leading agencies specialised in the planning of sports events, tourism marketing events, trade fairs, conventions and conferences. www.comunico-event.com

X-BIONIC LAKE GARDA 42 Press Office coordinated by LDL COMeta

via Quinto Alpini, 4 – 24124 Bergamo
Tel. +39 035.4534134 / Tel. +39 035.346525

For press information:

Luca VALLATI
luca.vallati@ldlcometa.it
mobile: +39 375.7750032

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