

Subject: the PEAK LAKE GARDA 42 is where “Legends” are born – 15 runners who have completed every edition



THE PEAK LAKE GARDA 42 CELEBRATES ITS “LEGENDS” AND SETS THE WEEKEND ABLAZE WITH A PACKED SCHEDULE OF SIDE EVENTS

From 10 to 12 April, the PEAK LAKE GARDA 42 returns for its fifth edition, honouring its most dedicated runners with the introduction of the “LAKE GARDA 42 Legends”, those who have competed in and finished every edition of the event since its inception. An international group of runners, embodying the spirit of a race set against unique landscapes and with a strong connection to the local area.

In addition to the main races, the weekend will feature a varied programme of side events in Malcesine, Limone and Arco, aimed at runners of all abilities, including sporting activities, product-testing opportunities and initiatives for the wider public.

Hashtag: #LG42

Fifteen runners, five editions, one story of loyalty and passion that has shaped the event from the very beginning. From 10 to 12 April, the PEAK LAKE GARDA 42 will once again, with its fifth edition, bring the northern shores of Lake Garda to life. To celebrate those who have supported the project from the very beginning, the organisers have introduced the “LAKE GARDA 42 Legends” – a recognition dedicated to the “senators”: those runners who, since 2022, have taken part in and completed every edition.

A diverse group that reflects the international nature of the race: nine Germans, five Italians and one Austrian, aged between 30 and 65. These LAKE GARDA 42 Legends include 11 men and 4 women, seven of whom have always run the LG42 marathon, covering all 168 km in the event's history.

And who better than them to explain what makes this race so special and different from any other? *“Running the PEAK LAKE GARDA 42 is an incredible experience: taking in three provinces across three different regions, running alongside the lake for almost the entire 42 km, with roads completely closed to traffic – it’s simply breathtaking,”* commented **Nicola Federici**, one of the seven runners who have completed all four previous LG42 marathons.



Harald Wisthaler - Archive LAKE GARDA 42 – COMUNICO ITALIA SSD A RL

Another of the LAKE GARDA 42 Legends is **Luca Vivaldi**, a runner from Arco: *“From a sporting perspective, I absolutely love this race: it’s fast but never predictable, with the lake always by your side and a wind that can turn the race on its head at any moment. And when the race passes through my home town of Arco, it’s impossible not to feel*

something extra: there, you're not just an athlete – you're one of the locals, running in front of your own people."

The international flavour of the event is another of its defining features. Among the participants in 2022 were **Christa and Claus Ditterich**, who came from Germany and were enchanted by the lake and its surrounding mountains: *"Every year we take part in either the marathon or the half marathon, and afterwards we make the most of the opportunity to enjoy our first holiday of the year in this wonderful place."* After taking on the marathon in 2022, they opted for the half marathon in subsequent editions. But this year they're returning to Lake Garda to run the full 42.195 km once again.

The LAKE GARDA 42 Legends will take centre stage on Saturday 11 April in Arco during the Kids Run, where they will be honoured with a commemorative photo and a special accolade.

A packed weekend of running events for everyone

The programme begins on Friday 10 April at 5:00 pm with the **Oxyburn Trail Run**: A non-competitive 10 km run starting and finishing in Malcesine, along scenic routes through lush greenery overlooking the lake's crystal-clear waters. On finishing, all participants will receive an Oxyburn 1216 technical sock and enjoy a generous aperitif with our partner: Birra Monte Baldo.

The following day, participants will gather in Limone sul Garda for the **PEAK Morning Run**, an 8 km non-competitive run starting at 10:00 am. A unique experience that takes in the famous suspended walkway that hovers above the lake. Participants will have the opportunity to try out a pair of PEAK shoes and, at the finish, will receive an official PEAK T-shirt along with a hearty breakfast.

Also on Saturday, those who took part in the Lake Garda 42 "Edition Zero" in 2021 will be able to join a special shakeout run, featuring yet another opportunity to test out a pair of shoes from the event's main partner: PEAK.

In the afternoon, the attention turns to younger runners in the historic centre of Arco, where the **Kids Run** will take place. There will be two different distances: 1,000 metres for children up to 7 years old (inclusive), and 2,000 metres for those up to 12 years old (inclusive). All entrants will receive a race pack, finisher's medal and post-race refreshments.

The beating heart of the weekend is the Expo Area at **Cantiere 26**, a vibrant community hub in Arco that serves the Alto Garda area. Open from Friday and throughout Saturday, here event partners will showcase their products, offering opportunities for testing and interactive experiences. Visitors can also enjoy a Gastro Area featuring local specialities,

as well as a Cheering Zone for supporting the athletes during the marathon and half marathon.

Oxyburn Trail Run – [LINK](#)

PEAK Morning Run – [LINK](#)

Kids Run – [LINK](#)

For further information – <https://lakegarda42.com>



Giacomo Podetti - Archive LAKE GARDA 42 – COMUNICO ITALIA SSD A RL

About COMUNICO Italia

PEAK LAKE GARDA 42 is an event organized by the Trentino-based company COMUNICO Italia SSD a RL, part of the COMUNICO GmbH group, an agency specializing in events based in Bad Tölz, Germany. Since 1996, an international team has been supporting founder Christian Deissenberger in designing, planning, and implementing events in Germany, Austria, and Italy. Thanks to the experience gained over many years of activity in the sector, COMUNICO GmbH is one of the leading agencies in the organization of sporting events, tourism promotion, trade fairs, congresses, and conferences. www.comunico-event.com

PEAK LAKE GARDA 42 press office, run by LDL COMeta

via Quinto Alpini, 4 – 24124 Bergamo
Tel. +39 035 4534134 / Tel. +39 035 346525

For press information:

LDL COMeta
Giuseppe MARTINO
giuseppe.martino@ldlcometa.it - +39 375 7750032